



Sweet Muffins

Ingredients:

2 Eggs

1 cup milk

1/2 cup canola oil

3 cups flour

1 cup sugar (or sugar substitute)

4 tsp baking powder

1 tsp salt

Add 1 and 1/2 cups of desired fruit (or chocolate chips/nuts).

Grease muffin tins. Spoon batter into tins until they are 2/3 full. Bake at 350 for 11 minutes or until toothpick comes out clean. Makes 2 dozen.